

ROCKINGHAM COMMUNITY DAY NURSERY

DAILY ROUTINE:

The daily routine provides a wide variety of stimulating activities designed to promote and broaden key aspects of a child's development. This is why we ensure each day is properly structured while leaving enough time for spontaneous activities.

All nappies are checked routinely at 11.00am and 3.00pm. Action taken to ensure children remains comfortable throughout the day.

Time	Activity
8.00am – 9.50am	Children are welcomed into the nursery. Free flow indoor and outdoor free play. Children choose where they want to play. Adult activities take place during this time which focuses on all areas of the EYFS.
9.50am - 10.00am	Tidy up time
10.00am -10.30am	Circle time – Children split into three groups. Self registration, story, songs/nursery rhymes time. Snack time – tasting of different fruits, children have the choice of cereals bars, toast e.t.c. They serve themselves and then sit with friends.
10.30am – 11.00am	Planned activities and messy play. Indoor and Outdoor play. On Tuesday is singing time with Eleanor at the piano.
11.00am – 11.30am	Free play indoor and outdoor
11.30am – 11.40am	Children help to tidy up. Two children help to set table for dinner.
11.40am – 11.45am	Hand washing – learning good hygiene skills (Supervised)
11.45am – 12.30pm	Lunch time – This is a sociable and enjoyable time. Children are encouraged to eat lunch and try new tastes, use cutlery and have good table manners. Children serve themselves.
12.30pm	Lunch finishes – Toilet and hand washing time. (Supervised)
12.35pm – 1.00pm	Time to say goodbye to some of our morning children. Information shared with parents. / Time to welcome our afternoon children. Rest/ Quiet time, story, song/nursery rhyme time.
1.00pm -2.45pm	Free flow – indoor and outdoor free play. Adult led

	activities take place during this time which focuses on all areas of the EYFS.
2.45pm – 3.00pm	Tidy up time
3.00pm – 3.10pm	Toilet and hand washing time. (Supervised)
3.10pm – 3.30pm	Tea time
3.30pm – 4.00pm	Children are brought together and enjoy a range of activities such as stories, songs and group discussion reflecting upon the afternoon activities.
4.00pm – 6.00pm	Free choice activities. Children collected/information shared with parents. Nursery closes.

We are aware that all children have their own special needs and requirements, water and drinks etc. are given when your child requires them.

